## **UNDER CONSTRUCTION:**

What Everyone Must Know About Tween/Teen Brain Development & Substance Abuse with Dr. Ruth Potee



Dr. Ruth Potee is a nationally renowned family physician who specializes in addressing the opioid epidemic in Massachusetts

# Thursday, January 19<sup>th</sup> – 7:00 p.m.

## **Bedford High School Auditorium**

9 Mudge Way, Bedford, MA

Dr. Potee's expertise in adolescent brain development and its impact on teenage risk-taking, including alcohol and substance abuse, has been featured nationally. She blends scientific research with an understanding of the challenges of raising healthy teens. Come learn more about what parents and other interested members of the community can do to keep their tweens and teens safer, healthier and substance-free through middle and high school years. The presentation is open to the community. Students are welcome.



#### Sponsored by:

#### **School Wellness Committee**

Bedford Public Schools, Youth & Family Services, Board of Health, Healthy Bedford, Bedford Fire Department, Bedford Police Department, Parents and Community Partners in Health



For more information, call the Bedford Board of Health 781-275-6507